



**I'm 42 years old and my teeth are crooked.
Can I improve my smile without having
to wear braces?**



A Yes. There are many adults who didn't wear braces when they were younger who are now unhappy with the alignment of their teeth. There are a number of techniques that can be used to improve your smile, and they don't have to involve orthodontics. These techniques include veneers, direct bonding and composites. Whichever technique you and your dentist agree on, the key is to come away with a smile that is bright yet natural looking. There is a definite art to creating the perfect smile. One of the secrets to smile design is you have to take everything into consideration, including the lips, gums and face. You have to look at the whole picture, not just the teeth, to create a perfect smile.

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